

Whitechapel Pre-School

What to do if anyone develops COVID-19 at home

1. If your child shows symptoms of Covid-19 **do not** send your child into pre-school. The main symptoms of coronavirus are:

High temperature -this means you feel hot to the touch on your chest or your back

A new, continuous cough - this means coughing a lot for more than an hour or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

A loss or change to your sense of smell or taste – this means that you have noticed you cannot smell or taste anything

Children may also display gastrointestinal symptoms

2. Inform pre-school straight away, self-isolate and arrange for a Covid-19 test as soon as possible. Visit www.gov.uk/get-coronavirus-test or call 119

3. Inform pre-school as soon as you receive your results, email preschool@whitechapel.lancs.sch.uk if they arrive over the weekend.

4. If your child tests negative and they feel well and no longer have any symptoms similar to those identified for coronavirus (COVID-19), they can stop self-isolating. They may still have another virus, such as a cold or flu, therefore it is still advisable to avoid contact with others until they recover. However other members of their household can stop self-isolating.

5. If your child tests positive, they are instructed to follow the 'stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection' self-isolating for at least 10 days from the onset of their symptoms and will only be allowed to return to pre-school when they do not have symptoms including; a high temperature, cough or loss of sense of smell/taste. They will be advised that other members of their household must continue self-isolating for the full 14 days.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>